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The Daily Telegrams

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Lt. Governor constitutes high level committee to deal with problem of encroachments



Port Blair, Feb 7
Lt. Governor, Lt. Gen. AK Singh (Retd.) held a high level meeting at Raj Niwas on Saturday, 06 Feb, 2016, to discuss the problem of encroachments on govt. land, which is continuing unabated. He has ordered the constitution of a high level committee under the chairmanship of Principal Secretary (Revenue) to consider all aspects of the matter and come out with solutions which would include a plan of action to deal with this problem. The report of the Committee will be submitted to the Lt Governor by the 15th of March 2016.

Lt. Governor orders technical audit of Kamsarat Nallah Dam

Port Blair, Feb 7
On receiving complaints and petitions about sub-standard quality work in the construction of the Dam over Kamsarat Nallah as well as allegations of leakage of water in the spillway, Hon'ble Lt Governor, Lt. Gen. AK Singh, PVS, AVSM, SM, VSM (Retd.), has ordered a technical audit to be carried of the construction work of the Dam before it is inaugurated. Principal Secretary (APWD) has been asked to submit his report within a month.

Maiden 'yog shivir' onboard Coast Guard ship by Swami Ramdevji

Port Blair, Feb 7
Yog Rishi Swami Ramdevji conducted a maiden yoga camp for the Indian Coast Guard personnel onboard Indian Coast Guard Ship Varad here today. Inspector General Kuldeep Singh Sheoran, Commander Coast Guard Region (A&N) welcomed Swami Ramdevji, thereafter, the Yog Guru demonstrated pranayama, surya namaskar and various other asanas for the Coast Guard officers, men and their families. The main aim of the camp was to introduce the benefits of yoga to the personnel of the service. Large number of Personnel simultaneously performed yoga onboard three Coast Guard ships. Children and families enthusiastically practiced various asanas taught by Swami Ramdevji. Speaking on the occasion Swami said that yoga is not merely an exercise, but it provides an opportunity to balance mind and body which harness individual's inner strength. Commander Coast Guard Region (A&N) thanked Swami Ramdevji for teaching yog to Coast Guard personnel.



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'Girl Child Day' & 'Beti Janm Mahotsav' celebrated at Nicobar District

Car Nicobar, Feb 7
'Girl Child Day' was observed by distributing sweets at all the Anganwadi Centers of Nicobar District on Feb 3. The Integrated Child Development Project Office, Car Nicobar celebrated the day as per the decision taken by the District Task Force constituted for implementing the 'Beti Bachao Beti Padhao' programme. In addition, a separate programme to celebrate 'Beti Janm Mahotsav' was organized at the Perka Community Hall, Car Nicobar in which the girl child born during the month of October, November and December, 2015 and their mothers were invited. The Deputy Commissioner, Nicobar District, Smt. Neha Bansal as chief guest highlighted about the importance of balanced diet to mothers and the new born, their education and immunization etc. Shri. Martin Luther, Secretary, (Contd. on last page)



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'PF Near You' on Feb 10

Port Blair, Feb 7
'Nidhi Aapke Nikat' or 'PF Near You' will be organised on Feb 10, 2016 at EPFO Office, Supply Line. For effective conduct of 'Nidhi Aapke Nikat' programme, specific time slots are allotted to various stakeholders. Accordingly, the time allotted for subscribers/ members is from 10 am to 1 pm while the employers have been given time from 3 pm to 4 pm, a communication said. (Contd. on last page)



LG attends concluding ceremony of 'yog shivir' Less activity & stress are cause of all ailments; embrace yog to stay healthy: Swami Ramdevji

Port Blair, Feb 7
Param Pujiya Yog Rishi Swami Ramdevji's 'Yog Chikitsa evam Dhyana Shivir' at the Netaji Stadium witnessed overwhelming participation as a huge number of yog enthusiasts thronged his yog camp today, being the last day of the camp. Hundreds of women, men and children of different age groups along with Swamiji practiced yog; such as dhayna, pranayama, vyakam and asanas. The Lt. Governor, Lt. Gen. AK Singh (Retd.), the Chief Secretary, Shri Anand Prakash, Smt. Rupa Ray and other senior officers of the A&N Administration were present in the concluding ceremony of the yog camp.

Speaking during the camp, Swami Ramdevji thanked the Lt. Governor and the Administration for their support for the successful conduct of the yog camp in Port Blair with great participation of the people of A&N Islands. He also expressed his happiness for the overwhelming response in the special yog camps organized for students and women.

Swamiji, who started today's camp with the recitation of 'gayatri mantra', said that less activity and stress is the main cause for all ailments. He also urged the participants to do at least 'bhastrika', 'kapalbhati' and 'anulom- vilom' pranayams and get rid of many ailments. "Though crime rate in A&N Islands is very less, suicidal tendency here is on the higher side. Yog is the only remedy and has the power to eliminate such tendencies from the mind of an individual", Swamiji said urging one and all to take a pledge today to bring each and everyone under the fold of Yog. Swamiji also lauded the efforts of Lt. Governor, A&N Islands, Lt. Gen. AK Singh (Retd.), who, soon after assuming the charge of the Lt Governor A&N Islands, had taken many on the spot decisions to create different projects for the benefit of the Islanders which will be remembered by the people in the years to come.

In his address, the Lt. Governor said that the 5- day camp conducted by Swamiji has made this land more sacred. He stated that Swamiji, during his five- day camp here, dedicated himself to teaching yog to the Islanders. The love for yog amongst Islanders, generated by Swamiji, will bring more people under the fold of yog and it will be continued here, the Lt Governor added.

The Lt Governor further said that last year the Prime Minister, Shri Narendra Modi ji provided yog its due recognition by taking it to the World Stage. The Lt Governor, on behalf of the Islanders, thanked Swamiji for visiting these Islands and hoped that the blessings of Swamiji



The Lt. Governor, Lt. Gen. A K Singh (Retd.) and the Param Pujiya Yog Rishi, Swami Ramdevji at the concluding ceremony of Swamiji's 'Yog Chikitsa evam Dhyana Shivir' at Netaji Stadium on 07.02.2016

will always be there on every individual of 'Acharyakulam' in A&N Islands, the for a healthy and prosperous life. Lt Governor said that there could not be a better place than these Islands for such a expressed by Swamiji for establishment (Contd. on last page)

Andaman Media team on exposure visit

'Heritage Walk' highlights Puducherry's rich architectural legacy

Puducherry, Feb 7
Winding up their visit to Puducherry, the media team on exposure visit to mainland, today visited Heritage Walk and Beach Promenade which has got some similarity with the Marina Park area of Port Blair. The only difference being the grand colonial houses of the French, with their yellow, pink or white frontage as its unique signature as far as architecture is concerned. The members of the media team also interacted with few persons on the cleanliness of the area. The Chief Secretariat building is also in this vicinity. The French 'Heritage Walk' takes one through streets that are laid out in a well planned grid pattern. The buildings in the French section are easily recognizable by their ornate gateways arches, garden courtyards with multi-coloured bougainvilleas. Later, the group left for Chennai and on their way they had the chance to visit Mahabalipuram- one of the famous historical place in Tamil Nadu known for its architecture and sculpture. Mamallapuram, also known as Mahabalipuram, is a town in the Indian state of Tamil Nadu. The Shore Temple (built in 700-728 AD) is so named because it overlooks the shore of the Bay of Bengal. It is a structural temple, built with blocks of granite, dating from the 8th century AD. The team also had a succinct stay at ISKCON Temple in the outskirts of Chennai. The Temple is a Vaishnava temple dedicated to Lord Krishna and is located (Contd. on last page)

SPORTS

Annual athletic meet of Bakultala School held



Rangat, Feb 7
Govt. Sr.Sec.School Bakultala organized 34th Annual Athletic Meet in school playground on Feb 5. Shri S S Rawat, Assistant Commissioner, Middle Andaman was the chief guest for the opening ceremony. He took salute of the march past performed by cadets of NCC and various houses. After the hoisting of school flag, he declared the meet open in the presence of guest of honour Shri Ajay Kumar Rai, Deputy Superintendent of Police, Middle Andaman. Various physical displays including Mass PT, drill, group dance, yoga demonstration were performed. In his inaugural address, the chief guest reiterated that games and sports are important to make life balance and also student life is the best life for a human being.

Earlier, Shri.K.Sankaran, Head of Institution welcomed the gathering. Various house-wise

Annual athletic meet of GSSS Kapanga held

Katchal, Feb 7

The 29th Annual Athletic Meet of GSSS Kapanga, Katchal was organized on Jan 30. Shri. Donald Samuel, Vice Chief Captain, Tribal Council Katchal Island was the chief guest for the opening ceremony and declared the meet open. He blessed the children on their multi faceted achievements in spite the remoteness. Shri. Ramanand Bala, Special Relief Officer, Katchal was the guest of honour on the occasion.

Dr. Christina Rossity, Medical Officer I/C, PHC Katchal was the chief guest for the closing ceremony and declared the meet closed. Shri. S Samson, 1st Captain, Kapanga was the guest of honour of the closing ceremony. Shri Peter, Principal welcomed the gathering and proposed vote of thanks.

Indian archers in final

Shillong, Feb 7

In this Olympic year, so much is at stake for the Indian archery men's and women's recurve teams. While the women's team has already qualified for the Games, it is still not certain as to who the three archers would be at Rio, as five more selection trials to pick the final three remain. The men's team hasn't yet made the grade for Rio, but will get a final chance at the third World Cup at Turkey in June. If it fails there, one male archer could make the cut from the trials. With so much on their mind, the 12th South Asian Games for many of the top archers would seem to be a minor distraction, but that has not stopped them from giving it their all. India's No. 1 women's ace archer Deepika Kumari, for example, maintained her focus in tough weather conditions on Saturday to beat Sonam Deki (Bhutan) 6-2 in the quarterfinals and Beauty Ray of Bangladesh 6-0 in the last-four to enter the final.

No. DC (SA)/PA/Misc
OFFICE OF THE DEPUTY COMMISSIONER
SOUTH ANDAMAN DISTRICT
Port Blair dated the 06th February 2016
PUBLIC NOTICE

Time and again it has been brought to the notice of the general public to desist from encroaching on government land. Many unscrupulous elements are of the view that encroachment over government land shall earn them the landed property by way of regularization and no action shall be taken against the encroacher.

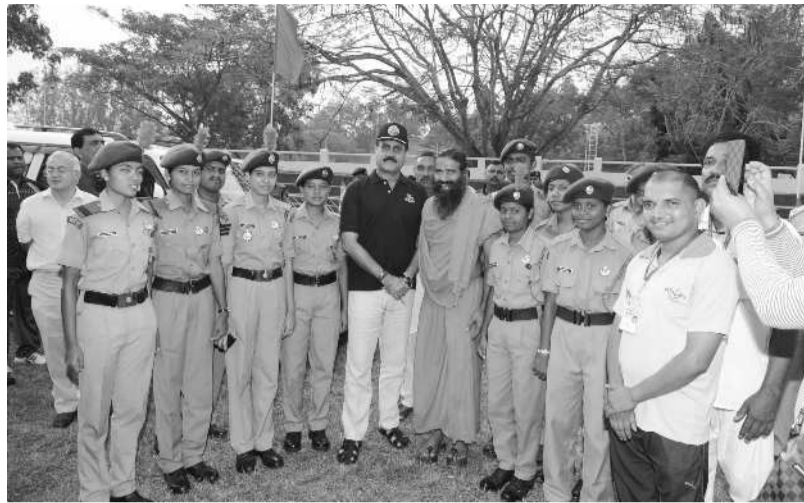
It is brought to the notice once again that only pre-1978 encroachments were regularized and it was a one-time policy of the Government of India and thereafter no such scheme is in force, therefore, people should not be under the impression that if the encroachment on Government revenue land is done the same can be regularized.

The General public are hereby advised not to fall prey to unscrupulous elements who are luring them by selling encroached land at cheap rates. They may check the status of landed property before paying these elements their hard earned money. For this purpose they may get in touch with the respective Deputy Commissioner's Office to verify the title deed of the land.

It is hereby advised to desist from encroaching government land and also to pass on information of any unscrupulous elements doing so, to the District Control Room, Port Blair over phone to 1070, 238881, 240127.

Sd/-
Deputy Commissioner
South Andaman District

Less activity &... (Contd. from page 1)



good project. He further urged that the proposed 'Acharyakulam' should also accommodate a Naturopathy Centre in it, besides a 'yog shivir'. He said that as per the procedure, the Administration will take up the matter with the Central Government for land allotment and hoped that like the other developmental projects; setting up of 'Acharyakulam' in these Islands will also become an important addition.

The Lt Governor stated that people of mainland can learn many things from these Islands. The spirit of nationalism prevailing among the Islanders, sacrifices of the freedom fighters, the mute witness of which is the National Memorial Cellular Jail, how the Constitution is valued in letter & spirit, status of women here, how to protect nature, effective implementation of 'Beti Bachao and Beti Padhao' scheme and how the social indicators are carried forward by the Islanders; are worth emulating by all. The Lt Governor also described A&N Islands as 'India's unsinkable aircraft carrier' in the Bay of Bengal and said that as we progress in the 21st century, these Islands will gain further importance.

The Lt Governor also practiced yog along with other participants of the 'yog shivir' and drew appreciation from Swamiji and applause from the audience. The Lt Governor, on behalf of the Islanders, presented a memento, a replica of National Memorial Cellular Jail, to Swami Ramdevji on this occasion.

Some of the people in the 'Yog Shivir', who were able to reduce their weight and others who got rid of their ailments shared their experiences about how yog benefited them. They included, Dipesh Kumar Roy, Menaka Singh, Renu Kaur and Vichitra Mazumdar.

Swami Ramdevji addresses Police personnel



Port Blair, Feb 7
Yog Guru Baba Ramdev ji addressed Police personnel including their family members numbering over 400 at the Drill Hall, Police Lines on Feb 5. He demonstrated various Yogasanas and gave useful tips, which are especially useful for police men.

The Yog Guru also enumerated various health tips to the Policemen to keep themselves fit and healthy.

Red Ribbon Club at DIET Garacharma



Port Blair, Feb 7
As part of the youth intervention programme, the A & N AIDS Control Society conducted a programme at Dr. Sarvapalli Radhakrishnan District Institute of Education & Training, Garacharma recently. Shri Lucas Robert, Principal of the Institute was the chief guest.

The whole programme was conducted under the guidance of Dr. R.K.Haldar, Project Director ANACS. The workshop was conducted by Dr. Jahanara Yasmeen, Deputy Director IEC, ANACS. Over 60 trainees participated in the programme and 59 registered for the Red Ribbon Club.

Smt. Deepa Nair, faculty who is the Nodal person of RRC Dr. S.R. DIET coordinated the whole programme. Through Red Ribbon Clubs, the targeted Youth in the age group of 15-29 years are encouraged to learn about safe and healthy lifestyle.

Mobile Science Exhibition by Science Centre



Port Blair, Feb 7
As part of Educational Programme, Port Blair Science Centre organized a mobile science exhibition for the students of South Andaman area recently. The Mobile Science Exhibition Bus with its 20 interactive exhibits on popular science was put on display at the Govt. Middle School, Boednabad & Govt. Primary School Mucca Phad. Students were seen taking keen interest in knowing the scientific phenomenon working behind each exhibit. Altogether 110 students attended the programme.

WEATHER
Partly cloudy sky. Maximum and minimum temperature will be around 31°C and 25°C respectively on Monday 08/02/2016
Observational data for Port Blair in last 24 hours
Maximum Temperature (°C): 30.9
Minimum Temperature (°C): 25.7
Relative Humidity (%) at 0830 IST: 083
Relative Humidity (%) at 1730 IST: 076
Sunrise Time for tomorrow (in IST): 0543
Sunset Time for tomorrow (in IST): 1724
Rainfall upto 0830 hrs of date (last 24 hrs) in mm: 000.0
Rainfall upto 1730 hrs of date in mm: 000.0
Rainfall (Progressive total from 1st January 16: 71.0 upto 0830 hrs (of date) in mm

CINEMA
DIVIYUM TALKIES
Following is the Schedule for Week Feb 5 - Feb 11
Ghayal Once Again - (Hindi UA) - 1:00 PM & 7:30 PM
Sanam Teri Kasam - (Hindi U) - 12:00 PM & 3:30 PM
Aranmanai 2 - (Tamil U) - 7:0 PM
Airlift - (Hindi UA) - 4:00 PM
Online booking at www.ticketnew.com
For queries only 8373010002

SEVA SUCHNAYEIN
ALL THE SAILINGS ARE SUBJECT TO WEATHER CONDITIONS

The cargo vessel MV Badam will sail for Campbell Bay via Nancowry on 13.02.2016 (Sat) at 0700 Hrs from Haddo/Chatham Wharf and will sail for Port Blair immediately after discharging/loading of Cargo at respective ports.
Note: Booking of cargo tickets for the above sailing will commence from 08.02.2016 between 0900 Hrs to 1300 Hrs at Commercial Wing. All the consigners are advised to book actual quantity of cargo to be transhipped, as no excess cargo will be allowed.
MV Jolly Buoy will sail for Havelock on 08.02.2016 (Mon) at 1330 Hrs from Rangat Jetty and will sail back on the same day at 1600 Hrs from Havelock Jetty. (Additional Service).
MV Jolly Buoy will sail for Havelock on 10.02.2016 (Wed) at 1330 Hrs from Rangat Jetty and will sail back on the same day at 1600 Hrs from Havelock Jetty. (Additional Service).
Note: Passenger tickets for the above sailing will be issued to the general public from 06.02.2016 onwards at STARS Ticketing Counters.
MV Sentinel will sail for Car Nicobar via Hut Bay on 12.02.2016 (Fri) at 0700 Hrs from Haddo Wharf and will sail for Port Blair on 13.02.2016 (Sat) at 0700 Hrs from Car Nicobar via Hut Bay. Passenger tickets for the above sailing will be issued to the general public from 10.02.2016 (Wed) at STARS Ticketing Counters.
08.02.2016 (MONDAY)
HAVELOCK & NEIL ISLAND
MV North Passage will sail for Havelock on 08.02.2016 (Mon) at 0620 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 0900 Hrs from Havelock.
MV Kamorta will sail for Neil Island on 08.02.2016 (Mon) at 0630 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 0845 Hrs from Neil Island.
MV Bambooka will sail for Neil Island on 08.02.2016 (Mon) at 1100 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 1600 Hrs from Neil Island.
MV Bambooka will sail for Havelock on 08.02.2016 (Mon) at 1300 Hrs from Neil Island Jetty and will sail back to Neil Island on the same day at 1445 Hrs from Havelock.
MV Kamorta will sail for Neil Island on 08.02.2016 (Mon) at 1300 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 1515 Hrs from Neil Island. (Additional Service).
MV North Passage will sail for Havelock on 08.02.2016 (Mon) at 1400 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 1630 Hrs from Havelock.
HUT BAY
MV Dering will sail for Hut Bay on 08.02.2016 (Mon) at 0700 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 2000 Hrs from Hut Bay.
RANGAT, MAYABUNDER & DIGLIPUR
MV Jolly Buoy will sail for Rangat via Neil, Havelock, Kadamtala and Long Island on 08.02.2016 (Mon) at 0615 Hrs from Phoenix Bay Jetty and will sail for Port Blair on 09.02.2016 (Tue) at 0615 Hrs from Rangat via same route.
MV Rani Changa will sail for Diglipur via Mayabunder on 08.02.2016 (Mon) at 0700 Hrs from Phoenix Bay Jetty and will sail for Port Blair on 09.02.2016 (Tue) at 0700 Hrs from Diglipur via Mayabunder.
09.02.2016 (TUESDAY)
HAVELOCK & NEIL ISLAND
MV Bambooka will sail for Havelock on 09.02.2016 (Tue) at 0620 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 0900 Hrs from Havelock.
MV Kamorta will sail for Neil Island on 09.02.2016 (Tue) at 0630 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 0845 Hrs from Neil Island.
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MV Bambooka will sail for Havelock on 09.02.2016 (Tue) at 1400 Hrs from Phoenix Bay Jetty and will sail for Port Blair on the same day at 1630 Hrs from Havelock.
HUT BAY
MV Campbell Bay will sail for Hut Bay on 09.02.2016 (Tue) at 0630 Hrs from Haddo Wharf and will sail for Port Blair on the same day at 1300 Hrs from Hut Bay.

Pensioners ..
(Contd. from page 1)
because their bank pass books do not have PPO numbers. To obviate this situation all the Banks have been instructed by Govt. of India to endorse the PPO number in the bank pass book.
It is in this connection, the ex-Servicemen, widows of ex-servicemen and NOK of these islands are advised to approach their bank branch dealing with pension payment and request to enter the PPO number in their personal records and mark the same in the passbook, a communication from the Secretary, RSB said.