

Since 1920s the Oldest Daily...

Daily Telegrams

...the Largest Circulating Daily of the Islands

Partly cloudy sky and light rainfall likely over Port Blair. Maximum and Minimum temperature will be around 32°C and 26°C respectively on Thursday 28/05/2020.

Maximum Temperature (°C) of Date: 32.2
 Minimum Temperature (°C) of Date: 26.5
 Relative Humidity(%) at 0830 IST: 083
 Relative Humidity(%) at 1730 IST: 083
 Sunrise Time for tomorrow (in IST): 0454
 Sunset Time for tomorrow (in IST): 1739
 Rainfall upto 0830 hrs of date (last 24 hrs)- in mm: 000.1
 Rainfall upto 1730 hrs of date in mm: 000.4
 Rainfall (Progressive total from 1st January 20 upto 0830 hrs. (of date) in mm: 211.0 mm

Air Force operationalises 2nd Squadron of indigenous Combat Aircraft-Tejas

Coimbatore, May 27

The Indian Air Force has operationalised its new squadron "Number-18 - Flying Bullets" with the Light Combat Aircraft LCA Tejas today. The Chief of the Air Staff, Air Chief Marshal RKS Bhadauria launched it at the Sulur airbase near Coimbatore.

The Flying Bullets serves as the second Indian Air Force squadron to operate with the



modern multi-role fighter aircraft base.

The indigenously developed light fighter aircraft LCA Tejas is certified with the "Full Operational Clearance" also headquartered at the same

(Contd. on last page)

Relief to Students: CBSE allows to write pending board exams from home districts

New Delhi, May 27

There is a major relief to the students appearing for the pending Class 10th and 12th examinations conducted by the Central Board of Secondary Education from 1st of July this year. Human Resource Development Minister, Shri Ramesh Pokhriyal Nishank has informed that students who have moved to another state or district during the lockdown can appear in these exams from their current district or state. He said that the students don't need to travel to their previous exam

centres in order to appear in these examinations.

Shri Pokhriyal said that the students need to inform their schools regarding their choice of district for appearing in the Board exams. The schools will then coordinate with CBSE in order to arrange and inform about the new examination centre to the students. HRD Minister said that the government has been continuously working to make every arrangement for the students so that they can appear in the exams without any hassle. (Source: india.gov.in)

"Hope shines brightest in the darkest of moments" Joy & relief for three Islander families when their loved ones returned from Chennai after treatment

Patients express gratitude to Lt Governor and A&N Administration

Port Blair, May 27

It was an occasion of great joy and relief for three Islander families when their loved ones returned from Chennai after treatment by the Indigo flight on 25/5/2020. What looked like a distant dream about three weeks back had finally come true. Recalling the ordeal, Rahul (name changed) reminisces how his father was admitted to the Medical ICU of G B Pant Hospital with palpitations and episodes of black outs. He was diagnosed as having Complete Heart Block, a medical condition in which the heart loses its ability to maintain normal rhythm and heart rate, which in turn impairs effective pumping action of the heart. This was a life-threatening situation and needed pacemaker implantation to restore the normal rhythm and heart rate.

He had been told that his father needed referral to a Cardiology Centre at mainland for Pacemaker implantation. Being a private worker with meager earnings, he had no idea of how he would arrange the finances for the costly treatment at mainland and how the travel would be possible amidst the nationwide lockdown.

A ray of hope emerged when he received a phone call from the Department of Health Services that Hon'ble Lt. Governor had permitted his father's treatment at mainland and that he would not have to pay even a single penny. Puzzled as to how he was suppose to reach the mainland with his ailing father, he was soon elated to learn that the Andaman & Nicobar Administration had also made arrangements for the airlift. Rahul travelled with his father along with two other patients, who also required pacemaker implantation, were airlifted to Chennai, escorted by the medical doctors on 11/5/2020.

"We were picked up from the airport by ambulances from Dr. Kamakshi Memorial Hospital and accommodated in separate rooms at the hospital. All arrangements had been made for us", said Rahul (name changed). After completing the required investigations, the pacemaker implantation was done for all the three patients. They recovered well after treatment within a week. With resumption of domestic flights on 25/5/2020, they availed the first flight from Chennai and reached Port Blair. Their joy knew no bounds when they reached home as they had received a new lease of life under tough conditions. All the patients thanked the dynamic leadership of Hon'ble Lt Governor and Andaman & Nicobar Administration profusely for making it happen, an official release from Health Department said.

Compulsory Hotel quarantine period for Indians returning from abroad reduced

New Delhi, May 27

Welfare Center has asked the states to ensure refund of seven days extra charges taken by the hotels for quarantine from the Indians coming back from abroad. This comes in the backdrop of Ministry of Health and Family

Welfare revising the guidelines for such persons to stay in hotel quarantine for seven days and remaining seven days in home isolation. Such persons had booked the hotels in advance for 14 days. The direction was issued by the

Union Home Secretary, Shri Ajay Bhalla amidst reports that some of the hotels are refusing to refund the remaining seven days advance payment. States have been asked to direct hotels to charge only for 7 days and refund balance. (Source: india.gov.in)

PBMC urges citizens to pay Municipal dues

Port Blair, May 27

Andaman & Nicobar Islands have only one Municipal Council i.e. Port Blair Municipal Council. PBMC provides basic civic amenities i.e. drinking water including its distribution network, solid waste management including door to door collection / segregation / transportation etc., construction and maintenance of roads / footpaths / retaining walls and implementation of major flagship programmes of Government of India. Due to observance of Lockdown across

the nation, various Municipal dues (viz. water and conservancy charges, property tax and markets rents) could not be paid by the citizens

on time. Therefore, PBMC has requested the citizens to clear their Municipal dues viz water charges, conservancy (Contd. on last page)

Central Crime Station conducts raid at Chidiyatapu area, seizes 30 liters spirituous illicit liquor 'Jungle'

Port Blair, May 27

Central Crime Station police in its continuous efforts to crackdown on bootlegging, illegal and strikes hard against bootleggers and conducted a raid at Chidiyatapu area. After persistent

efforts and the staff of PS Central Crime Station (Contd. on last page)

Kharif Season advisory by CIARI to farmers of A&N Islands

Port Blair, May 27

Farmers of Andaman and Nicobar Islands have hopefully started their preparation for the forthcoming kharif season (June to September), wherein they are expected to grow high yielding varieties of paddy in the lowland area (Contd. on last page)

Simplification in PMEGP scheme guidelines State / District level implementing agencies viz KVIB & DIC will forward applications directly to financing Banks for credit

Port Blair, May 27

The Ministry of MSME, Govt. of India has discontinued the system of selection of beneficiaries and recommendation of proposal / applications by the District Level Task Force Committee [DLTFC] to streamline the

process of selection and expedite flow of applications under PMEGP scheme. Therefore, the role of the DLTFC will be limited to monitor the performance of the scheme on quarterly basis in their respective districts. From now

onwards, the State/ District level implementing agencies viz KVIB and DIC will forward the corrected loan applications proposal, if required. The Programme for credit decision implementing agencies will scrutinize the applications based on personal and (Contd. on last page)

अंडमान तथा निकोबार प्रशासन
ANDAMAN & NICOBAR ADMINISTRATION
सचिवालय/SECRETARIAT

Health Bulletin For Containment Of

नोवल कोरोना वायरस रोग (COVID-19)
(No. 58/ 27th May 2020)
COVID-19 STATUS AS ON 27.05.2020

Andaman & Nicobar Islands:

Total Confirmed cases	33
Cured/Discharged from Hospital	33
Death	00
Admitted at Hospital	00
Migrated out of Country	00
Outside Resident	00

Status of Hospitals:

Name of Hospital	Isolation Beds Available	Occupied	Positive Cases Admitted
G B Pant Hospital, Port Blair	50	00	00
INHS, Dhanvantri, Minnie Bay, Port Blair	48	00	00

* No cases are admitted at Private Hospital.

Status of Sample Testing:

Total Samples sent till date	7499
Total Reports received till date	7448
Total Pending Reports	51
Rate of Testing Per Million	18620

> House to House surveillance throughout South Andaman District including all Containment Zones are being conducted by District Administration with the help of Health Workers. 132573 population being surveyed daily.

> All COVID-19 patient cured. Recovery Rate 100%

> Intensive awareness is continued through print and electronic media.

> 366 Incoming Passengers screened at VSI Airport by medical teams since 25.05.2020.

> 9843 Calls received by Health Department Helpline 102.

> 3027 persons put under Institutional Quarantine for 14 days as on 24.05.2020 which includes passengers as well as contacts.

> 1470 contacts put in Home Quarantine for 14 days as on 24.05.2020.

SURVEILLANCE DATA (w.e.f. 25.05.2020)

1. Asymptomatic Passengers under Self-Monitoring till Date	366
2. Asymptomatic Passengers completed 14 Days Self-Monitoring	0
3. Symptomatic Persons Under Home Isolation as on date	0
4. Symptomatic Persons completed 07 days in Home Isolation	0
5. Contacts put under Home Quarantine till date	0
6. Contacts under Home Quarantine as on today	0
7. Contacts completed 14 days period of Home Quarantine	0
8. Contacts put under Institutional Quarantine	0
9. Contacts completed 14 days period of Institutional Quarantine	0

हवा और सतह पर मौजूद थूक की लार से COVID-19 के संक्रमण का खतरा होता है

सार्वजनिक स्थानों पर न थूके

हमें मिलकर COVID-19 से लड़ना है

24x7 CONTROL ROOM NUMBERS: 240126/232102/1077/1070
(Source: Principal Secretary (Health), A&N Administration)

Kharif Season advisory by CIARI to farmers of A&N Islands
(Contd. from page 1)

and plantation, spices, fruits and vegetables in mid and upland area besides rearing of Indian Major Carps (IMC) fishes in the farm ponds. In order to have a good crop with backward and forward linkage, it is better to plan the growing of the crop/fish in a systematic manner following scientific know-how and do-how.

The major areas of intervention for cereals will be land preparation, selection of proper seeds, its treatment, nursery management, planting technique, Integrated pest, disease and nutrient management, roguing etc.; for plantation crops - selection of seedlings, site selection, pit making, nutrient management, drainage etc.; for fresh water fishes - raising fish nursery, pond management, stocking the fingerlings, feed management, disease management - all following the guidelines of Ministry of Home Affairs viz. social distancing, proper sanitization and wearing mask.

In this regard, the technical advice on agriculture, horticulture, fisheries, animal husbandry and Natural Resource Management will be imparted by the team of multi-disciplinary Scientists of ICAR-CIARI along with Subject Matter Specialists of KVK South Andaman, North & Middle and Nicobar through appropriate mass media and need based field visits under the plan and guidance of the Director, CIARI.

Farmers undertaking the above enterprises in their field beside livestock and poultry may contact Dr. S.K. Zamir Ahmed, Principal Scientist and Dr. R. Jaya Kumaravaradan, Scientist of ICAR-CIARI, Port Blair on all working days between 9.30 AM to 4.30 PM over phone nos. 9434262869 and 8903974102 respectively or in person at Social Science Section of CIARI. They may also mail their queries to Dr. B.A. Jerard, Director, CIARI over directorcaripb@gmail.com, a press release from CIARI said.

State / District level implementing agencies viz KVIB & DIC...
(Contd. from page 1)

on the scoring sheets / score card being developed by the KVIB, Mumbai and upload the same on the PMEGP e-portal. While scrutinizing the applications and sponsoring the same to the financing Banks, the Programme Implementing agencies will have to ensure that the applicant has secured 60 marks and above out of 100 marks as per the score card.

Applications which do not secure 60 marks will be rejected and returned back to the applicant duly indicating the reasons for rejection and details of score obtained with the request to rectify and resubmit the same after necessary improvements. In addition to the projects already eligible, projects related to setting up of units like manufacturing of masks of N95 standard and manufacturing of sanitizers / liquid handwash, etc. will be given preferences for consideration of finance under PMEGP scheme to meet out the demand due to prevailing COVID-19 situation.

After receipt of the loan applications directly from the Programme Implementing agencies, the financing Banks will examine the proposals both technically and financially and sanction the loans as per the existing procedures / rules and norms, a press release from Director of Industries & Member Secretary, KVIB said.

PBMC urges citizens to pay Municipal
(Contd. from page 1)

charges, property tax and markets rents w.e.f. 29/05/2020 through

> online by visiting website <http://e-nagarsewauap.gov.in/india/home>.

> Municipal dues can also be paid in the PBMC counter through Cash upto Rs. 2,000/-Debit & Credit Card/NEFT/ Demand Draft in favour of Secretary, PBMC. The PBMC collection counter will remain functional from 9:00 am to 01:00 pm and 2:00 pm to 4:00 pm on all workings days.

> Citizens can also pay their dues in any of the Common Service Centers (CSCs).

It is worth to mention that 10 % rebate can be availed by citizens for payment on or before 31st July.

PBMC has once again appealed to all citizens to prefer online mode of payment, a press release from Secretary, PBMC said.

Central Crime Station conducts raid
(Contd. from page 1)

comprising Inspr. Mohd Elias, SI Madhab Halder, Head Constable S. Baroi, constable K. Rajendran & LHG Seema Kujur under the command of Inspr. D. Jagdishwar Rao, SHO, PS CCS, conducted raid at Chidiyatapu on 26th May, 2020 and recovered three plastic jerricanes containing 30 liters of spurious illicit liquor 'Junglee' from the possession of Sanjay, R/o Chidiyatapu. Such alcoholic beverage made under unlicensed condition is illegal and can be highly toxic. The accused was arrested in this connection and booked under A&N Excise Regulation. The raid was conducted under the command of Shri Ashok Kumar, Dy.SP(CID) and under overall supervision of Shri Ravi Kumar Singh, SP(CID).

The Andaman & Nicobar Police is taking all possible steps in making these islands free from anti-social activity and keeping strict vigil over gamblers. It is also keeping a close watch on smuggling and proliferation of narcotics substances in these Islands. General Public have been requested to pass on credible information on narcotics substances, illegal sale of liquor, gambling or any illegal activity on the telephone numbers: 233307, 232586, 100, & 9474290250. The identity of informer will be kept secret, a press release from SP CID said.

Air Force operationalises 2nd Squadron....
(Contd. from page 1)

standard. It is a tailless, fourth generation, compound delta-wing aircraft developed by the Hindustan Aeronautics Limited. It is equipped with fly-by-wire flight control system, integrated digital avionics and multimode radar. Its structure is made of composite material.

The supersonic combat aircraft is considered the lightest and the smallest of its kind. Their new home, the Flying Bullets squadron, was initially formed in 1965 and has the distinction of being the first to land in and operate from Srinagar.

It was decorated with the highest gallantry medal Param Veer Chakra which was awarded posthumously to its Flying Officer Nirmaljit Singh Sekhon for his valiant action during the 1971 war with Pakistan.

The squadron has been revived on the 1st April this year at the Sulur base. It is set to further augment India's defence of her air frontiers. (Source: india.gov.in)

The New Normal

Avoid touching

Eyes **Nose** **Mouth**

Together we will fight COVID-19

Simple Ayurvedic Procedures

- Nasal application** - Apply sesame oil / coconut oil or Ghee in both the nostrils (Pratimarsh Nasya) in morning and evening.
- Oil pulling therapy** - Take 1 table spoon sesame or coconut oil in mouth. Do not drink, Swish in the mouth for 2 to 3 minutes and spit it off followed by warm water rinse. This can be done once or twice a day.

During dry cough / sore throat

- Steam inhalation with fresh Pudina (Mint) leaves or Ajwain (Caraway seeds) can be practiced once in a day.
- Lavang (Clove) powder mixed with natural sugar / honey can be taken 2-3 times a day in case of cough or throat irritation.
- These measures generally treat normal dry cough and sore throat. However, it is best to consult doctors if these symptoms persist.

Directorate of Health Services and Andaman & Nicobar State AYUSH Society, A & N Administration

Ministry of Health & Family Welfare
Government of India

Help us to help you

NOVEL CORONAVIRUS (COVID-19)

Protective measures against Coronavirus

A distance of at least 1 meter is necessary to ensure safety for all

Wash your hands with soap and water regularly

If soap and water is not available, use hand sanitizer with at least 60% alcohol

Wash hands before touching eyes, nose and mouth

Throw used tissues into closed bins immediately after use

Cover your nose and mouth with handkerchief/tissue while sneezing and coughing

Avoid mass gathering and crowded places

If you are experiencing symptoms like fever, cough or difficulty in breathing, please call the state helpline number.

STATE HELPLINE NO: 03192-232102

Nationwide lockdown is necessary to break the chain of COVID-19 infections

Stay home, stay safe

1st Happy Birthday to

Miss. V. Divyanka
D/o M. Vadivel and V. Vijaya
R/o Subash Gram, Diglipur
On 28/05/2020

Best Wishes From,
Dadda (Vadivel), Mumma (Vijaya),
Dada, Dadi, Nana, Nani, Massi
(Choti) and All Relatives & Friends

TO LET

02 BHK fully Tiled Flat with attached bath at Doctor's Colony, Bhatu Basthi with 24 hours water supply. Mob. 9933243970 / 9531823408

TO LET

4 Nos. RCC Double Bedroom with attached Bathroom, Ground Floor, 4 wheeler parking and 1 No.- Godown- 6 mtr. x 3 mtr. available. Each Room @15000/p.m.
Contact No. 9775711156

TO LET

01 BHK Room at School Line, Kirpa Anand Housing Colony at ground floor, Rent- P.M. 7,500/- Contact No. 9933278441, 9732475010

WATER CAN 20 LTRS. EXOTIC BLU FREE HOME DELIVERY
Within Municipal Area
Call - 9434274605

PUBLIC NOTICE

This is bring to the notice of all the public that I, Shri Mutru Uroan, S/o Bhutta Bhagat, R/o Lamba Line village under Port Blair Tehsil, South Andaman District intends to create charge viz. mortgage on the basis of my laminated original licence of my landed property bearing Survey No. 87, measuring area 150 Sq. mtrs., situated at Lamba Line village under Port Blair Tehsil, South Andaman District for availing loan / credit facility from State Bank of India, Raksha Vihar, Branch Code No. 8721. In case any party has any claim towards the said property, the same should be lodged with me and also with the above stated Branch of State Bank of India within 15 days from the date of publication of this Notice.

Sd./-
Shri Mutru Uroan,
S/o Bhutta Bhagat, R/o Lamba Line village
Under Port Blair Tehsil, South Andaman District.
Cell No. 9531866880

TO LET

Available executive furnished accommodation with attached bathroom for Bachelors with mess facilities opposite Airport. Contact Mobile No. 8584076668

COTTON MASK & COTTON BAGS
(SALE IN REASONABLE PRICE)

VYK CRAFT
(A WOMEN EMPOWERMENT PROJECT THROUGH SHG'S)
NR ELECTRICITY OFFICE,
BATHU BASTHI
PH: 250129 / 9933235716
7063955663

TO LET

Newly constructed 2 BHK House is available for rent at Subhash Nagar, Shadipur, Rent 10,000/- (negotiable).
Contact: 09434292521

FOR RENT

Semi furnished 1 BHK Single A/C Rooms 2 BHK @ Prem Nagar.
Contact: 9933266482, 9531881744

TO LET

2 BHK flat, Semi furnished with 24 hrs. water supply and car parking facility available at Kashmiri Villa, Machi Line near Machi Line Masjid. Interested party may Contact: 9434284377

TO LET

One Semi RCC Double Room attached Bathroom, Kitchen, Storeroom, Big Verandah Separate Pipe Line without ceiling Ground Floor Near Zawara Showroom, Junglighat.
Contact: 9434280640, 9531816778

TO LET

Newly constructed two BHK Flats at ground floor (2 Nos.) available for rent at Das Nagar, Dollygunj Industrial Estate. 24x7 water supply, spacious modular Kitchen, individual Car Parking, Space for Children to play & flats with Balcony also available, Rent Rs. 12,000/- per flat per month. Contact: 9933266662, 9434266662, 9474270610

LAND FOR SALE

A Land for sale 200 Sq. Commercial Land in Dollygunj main road side Price 67 Lakhs its negotiable no broker. Contact No. 8900938334 / 7063918804 / 7063956883.

LAND FOR SALE

Land for sale in Dollygunj Shiv Colony 200 Sq. 45 Lakhs its negotiable, please may contact us:
Contact No. 9679560032 / 7063956883

TO LET

2 BHK House for Rent at Haddo, Hanuman Junction, Near Children's Park. Contact: 9679554661, 9474225735

6th DEATH ANNIVERSARY OF LATE P. SHANMUGAM
On 28-05-2020

TO LET

3 BHK fully furnished flat in Dollygunj, Apartment with all modern amenities & reserved car shed, Rent: Rs. 25,000. Contact: 8001123888, 9434264321

3rd DEATH ANNIVERSARY
On 28-05-2020
In the Loving Memory of

Late J. TAMILARASI
R/o Pathergudda, Port Blair
Death can only take away the empty body from us, soul still remains with us. U lived and will live forever with us in our thoughts and memories. Love You
Inserted by: All family members

RE-TENDER NOTICE

Executive Engineer, Zilla Parishad, South Andaman on behalf of Adhyaksh, Zilla Parishad, South Andaman invites sealed items rate tender (in form CPWD '8') from bonafied and experienced contractors of appropriate class of APWD, MES, ALHW & P&T for the under mentioned work.

1. NIT No. EE/SA/ZP/2019-20/08
C/o Vegetable market at Ograbraj Village near Tushnabad junction under GP Mithakhari by Zilla Parishad, South Andaman under RURBAN Mission.
Estimated Cost:Rs.35,74,162/- earnest Money: Rs.71,483/-cost of tender document : Rs.500/- & Time of completion: 06 Months. Unique No 56638

2. NIT No. EE/SA/ZP/2019-20/09
C/o community toilet block at Tushnabad Junction under Gram Panchayat Mithakhari (Sy No.1/28 area 70 sq.mtr) by Zilla Parishad, South Andaman under RURBAN Mission.
Estimated Cost: Rs.18,78,995/- earnest Money: Rs.37,580/-cost of tender document : Rs.500/- & Time of completion: 06 Months. Unique No56640

The tender forms and other details can be obtained from the office of the Executive Engineer, Zilla Parishad, South Andaman. The last date of receipt of application to purchase tender form will be 08/06/2020 up to 4.00 pm. Other details/information can be seen on website www.and.nic.in

Executive Engineer
Zilla Parishad, South Andaman
ID No. 6551
(For and on behalf of Adhyaksh, Zilla Parishad, South Andaman).

TENDER NOTIFICATION

No.6-1/JNV(SA)/2020-21/09 dated 26th May, 2020.

Sealed tenders are invited for supply of Mess Provisions, Vegetables, Non-Veg items, Student/Office stationery, Toilet items, Uniforms and Stitching, Lab equipments/Chemicals, Hair-cutting, Furniture, Hiring of Vehicle etc required for the financial year 2020-21. Interested, reputed, registered and recognized firms/agencies, individuals having legal entity may submit their tender in the prescribed format which is available in the Vidyalaya Office on all working days from 9.30 a m to 4.00 pm. The last date to obtain blank tender form on payment is up to 2 p m on 11.6.2020. The last date for submission of tender is up to 04.00 p m on 11.6.2020 and the same will be opened at 11.30 a m on 12.6.2020.

All the above supply should be made to the campus of Jawahar Navodaya Vidyalaya, Chouldari, South Andaman Dist.

Principal
Jawahar Navodaya Vidyalaya
Chouldari, South Andaman Dist.

Office of the Director General of Police
Andaman & Nicobar Islands
O. B. No. 1165 Port Blair dated 14/05/2020

DESERTION OF :-

PC/505 G. Pooja posted at PTS, Prothrapur has absented herself un-authorizedly for duty w.e.f.14 /10 /2019 without any intimation / permission from the competent authority. Subsequently, an absentee notice vide No. DGP / Estt. /Folio / 2020 / 1307, dated 16 /03 /2019 was issued to her through CDI, PTS, Prothrapur with direction to report for duty immediately at PTS, Prothrapur and the same was received by her on 19 /03 / 2020, but despite service of notice to her she has not reported for duty.

Since her un- authorized absence from duty has exceeded more than 21 days, she is declared as deserted under rule 6.19 of A & N Police Manual, 1963 and her name is struck off from the rolls of A & N Police Force w.e.f. 14 /10 / 2019.

Under rule 6.19 (b) of A & N Police Manual, 1963, PC/505 G. Pooja is further given an opportunity to appear before the undersigned alongwith her explanation for re- instatement, if any, within 15 days from the date of publication of this order, failing which the desertion order will be made absolute and her name will finally be removed from the rolls of A & N Police Force w.e.f. 14 /10 /2019.

Sd./-
Principal, PTS
Prothrapur, Port Blair
ID No. 6547

TO LET

1 BHK Room for rent at Dollygunj. Contact Ph. 9434262296, 9933257393

TO LET

3 Nos. 1 BHK, Semi furnished flats available at Prem Nagar. Rent 7000/-, Contact: 9474282723/ 9474268975

TO LET

3 BHK fully furnished flat in Dollygunj, Apartment with all modern amenities & reserved car shed, Rent: Rs. 25,000. Contact: 8001123888, 9434264321

TO LET

2 Nos. 1 BHK Flat 7500 & 1 No. 2 BHK 12000 pm at Dollygunj, Govt. Employee and Defence Personnel preferred. Contact No. 9531832776 / 7063989784

TO LET

3 BHK fully furnished flat in Dollygunj, Apartment with all modern amenities & reserved car shed, Rent: Rs. 25,000. Contact: 8001123888, 9434264321

TO LET

2 Nos. 1 BHK Flat 7500 & 1 No. 2 BHK 12000 pm at Dollygunj, Govt. Employee and Defence Personnel preferred. Contact No. 9531832776 / 7063989784

LOST

MES Supervisor Pass bearing name Samsuddin, M/s Gim Loomba SA-JV, issued by DPM, HQ ANC. Finder please Contact: 9474227563

WANTED

We need Scotty or Bike for personal use those who want to sale contact us.
Contact No - 7063956883 / 8900938334

6th Remembrance Day
On 28.05.2020

Late Mr. P. SHANMUGAM
R/o Dignabad
"Missing you is the heartache that will never go away."
Inserted by: Raja Medical Store, Raja (Son) & all family members

TO LET

Rooms available for families and bachelors at Shadipur. For further information Contact No. 9679598400

TO LET

01 BHK room available near Fire Brigade, Murugan Temple, Teylorabad Vill. Mob. No. 9933242522, Rs. 6000/-

DISCLAIMER
Readers are requested to verify and make appropriate enquiries to satisfy themselves about the veracity of an advertisement before responding to any advertisement published in this newspaper.
The publisher of this newspaper, does not vouch for the authenticity of any advertisement or advertiser or for any of the advertisers products and services.
The Owner, Publisher, Printer, Employees of this newspaper shall not be held responsible/liable in any manner whatsoever for any claims and/or damages/consequences for advertisements in this newspaper.

केनरा बैंक Canara Bank

SPECIAL GOLD LOAN CAMPAIGN
#Zindagi Phir Se Shuru

INSTANT LOAN LOANS UP TO 20 LAKHS OFFER TILL 30 SEP 2020

RATE OF INTEREST 7.85% p.a.

CANARA BANK PORT BLAIR BRANCH OFF CLOCK TOWER ABADEEN BAZAAR

GOLD LOAN TIMING 10 AM TO 1 PM

*Interest at yearly rests or monthly rests as applicable

SOME HELPLINE NUMBERS

Police Control room : 100
Fire Service : 101
Coastal Security : 1093
PBMC Control Room : 245798
State control Room : 1077/234287
Extn : 328 / 231179

Magazine

Stop Global Warming
Protect future generations from the harmful effects of global warming by reducing emissions from power plants, cars, factories and other sources
You too can help!!



KIDS' CORNER Silly Riddles

Creative DIY (Do It Yourself) Crafts for kids
How to Make A Glitter Snowflakes



Material needed: Clean white coffee filters, Single-hole punch, Decorative-edge scissors, Tape, Glitter glue.

Method:

- ♣ Fold filters in half until each one is one-eighth of its original size. Then go crazy punching out holes or using the scissors to create squiggles and shapes.
- ♣ Unfold filters and assess efforts. Cover with glitter glue-try white, silver, or any other color that makes a celestial statement.
- ♣ Display on the fridge, tape to windows or hang for a glittery mobile! ♣

- Q. Which side of the cat has the most fur?
A Outside.
- Q. I have eight to spare and am covered with hair.
A Cat.
- Q. What starts with an 'E' but only has single letter in it?
A Envelope.
- Q. What ship has no captain but two mates?
A Courtship.
- Q: The shorter I am, the bigger I am. What am I?
A: Temper.
- Q: What is bought by the yard by is worn by the foot?
A: Carpet. ❖

Learn Some Idioms & its meaning

- Hit The Road
Meaning: To leave somewhere or start a journey.
- Hit The Sack
Meaning: To go to bed in order to sleep.
- Hold Your Horses
Meaning: Another way of saying 'Wait a moment' or 'don't rush'.
- Ignorance Is Bliss
Meaning: Sometimes it's better not to know all the facts about something. ❖

Health benefits of Soursop (Seetaphal)



*** Treatment of Cancer:** Soursop leaves can inhibit cancer cells and cure cancer more quickly and effectively than chemotherapy which results in several side effects besides being expensive. In fact, research has proved that soursop has an active ingredient that is 10000 times stronger than chemotherapy in fighting cancer cells. Thus, soursop leaves can treat different types of cancers including prostate, lung and breast cancers. For treatment, boil 10 soursop leaves in 3 cups of water until only one cup of water remains, strain and cool it and drink this concoction every morning for 3-4 weeks to determine improvement in the condition. Soursop leaves cancer treatment is one of the most potent cures till date.

*** Treatment of Uric Acid:** Eating soursop leaves can greatly help in treating gout. In fact, many alternative medicines use soursop leaves for the treatment of gout. For this purpose, take 6 to 10 soursop leaves which are old but still green and wash them clean. Boil the leaves in 2 cups of water and simmer until one cup of water remains. This concoction should be taken twice a day i.e. morning and evening for maximum benefits.

*** Treatment of Back Pain:** Back pain is commonly experienced these days, particularly while exercising. Using chemical drugs for back pain can cause side effects. Soursop leaves are an effective herbal remedy for treating back pain without any negative effect. You can boil 20 pieces of soursop leaves in 5 cups of water until only 3 cups of water are left. Drink ¼ cup of this concoction once in a day for relief.

*** Treatment of Eczema and Rheumatism:** Rheumatic diseases are commonly observed in elderly people, causing great pain. Soursop leaves are a natural treatment for arthritis pain. For this purpose, mashes the soursop leaves until they become smooth and apply on the areas of the body affected by pain due to arthritis and eczema, regularly twice a day. ❖

Amazing facts about Giant Ant Eaters

- ✓ The giant anteater's tongue is typically two feet long - 24 inches (60 cm)! No other mammal has a tongue as long relative to its body size.
- ✓ The tongue is sticky and has spikes, and anteaters can flick their tongues more than 150 times per minute to suck up bugs without getting bit or stung.
- ✓ Its tubular snout, which ends in its tiny mouth opening and nostrils, takes up most of its head.
- ✓ Its eyes and ears are relatively small.
- ✓ It has poor eyesight, but its sense of smell is 40 times more sensitive than that of humans.
- ✓ Giant anteaters can live around 16 years in captivity.
- ✓ Giant anteaters have the lowest body temperature of any mammal. Because bugs don't provide Anteaters with a ton of energy, they have slow metabolisms and a body temperature of only 90.86 degrees Fahrenheit. ❖

Recipe for Coconut Chicken Curry

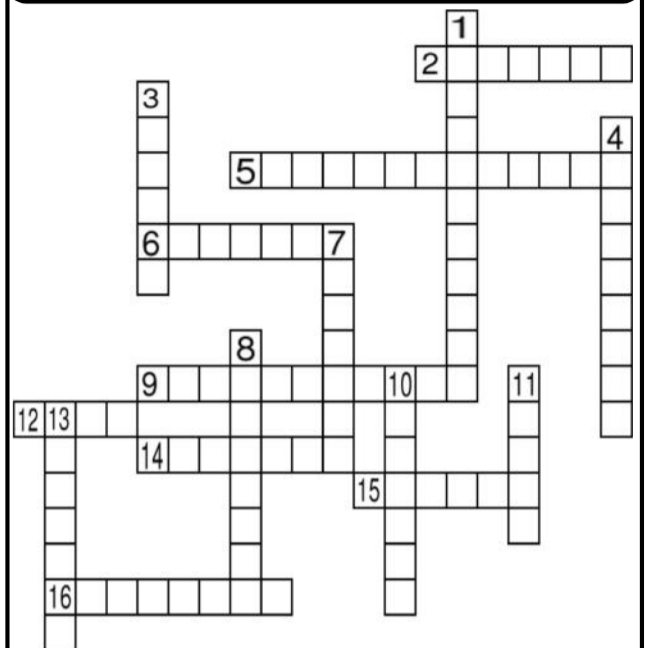


Ingredients : 1/4 cup whole unsalted cashews, 1 pound skinless, boneless chicken breasts, cut into 1-inch pieces, Salt To Taste, 1/4 cup vegetable oil, 1/4 tsp black mustard seeds, 1/4 tsp cumin seeds, 1/4 tsp ground coriander, 1 tbsp curry powder, 1 medium onion, thinly sliced, 1 tsp finely grated fresh ginger, 1 garlic clove, minced, 1 (14 ounce) can unsweetened coconut milk, 1/4 cup frozen peas, 2 tbsps chopped coriander

How to make chicken with coconut milk:

- ✓ Preheat the oven to 350 degrees F.
- ✓ Spread the cashews in a pie plate and bake for 5 minutes, or until fragrant and lightly toasted. Transfer to a plate to cool.
- ✓ Lightly season the chicken with salt. In a large, deep skillet, heat 3 tablespoons of the oil until smoking.
- ✓ Add the chicken and cook over moderately high heat until golden brown, about 1 1/2 minutes per side. Transfer the chicken to a plate and reduce the heat to moderate.
- ✓ Add the remaining 1 tablespoon of oil to the skillet and heat until smoking. Add the mustard seeds and cook for about 1 minute, or until they stop popping. Add the cumin seeds, coriander and curry powder, and cook, stirring occasionally, until fragrant, about 1 minute.
- ✓ Add the onion, ginger and garlic, and cook until the onion softens, about 10 minutes; if the mixture seems dry, add up to 1/4 cup of water to prevent sticking.
- ✓ Stir in the coconut milk and bring to a boil. Reduce the heat to low. Return the chicken to the skillet and simmer until cooked through, about 5 minutes. Stir in the peas and cook for 1 minute. Transfer the coconut chicken curry to a bowl, sprinkle with the coriander and cashews and serve. ❖

Crossword Puzzle: Investigations



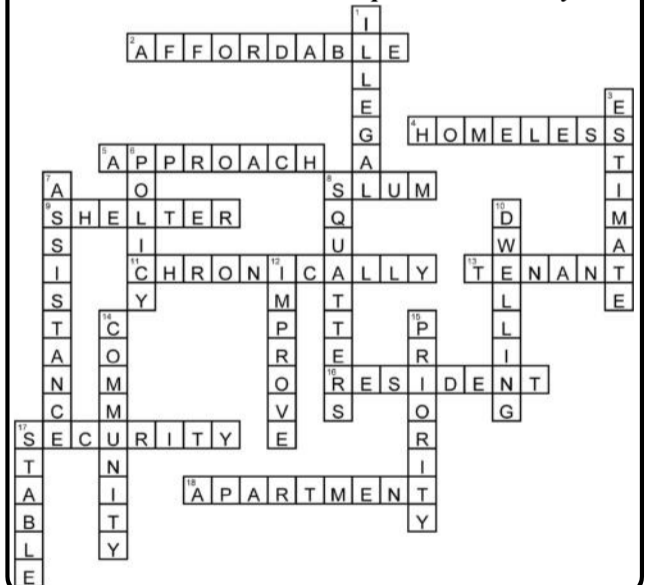
Across

- 2. a question
- 5. unimaginable
- 6. to examine all the parts of something in order to understand it
- 9. to look into a situation (often a crime, but it can also be a mystery)
- 12. a connection; one part of a chain
- 14. to notice or watch
- 15. to figure out something unknown by considering all its known aspects and reasoning it through
- 16. to consider the evidence and then decide what is true or correct (OR to end something)

Down

- 1. curious; wants to understand things
- 3. related to the mind
- 4. a person whose job is to find or recognize the hidden information needed to solve a crime
- 7. to look closely at something
- 8. shown or made known
- 10. different sides or ways of looking at something
- 11. to make a logical guess that something is true based on the evidence, although the evidence is not clear enough to be absolutely certain
- 13. to look at something carefully to find problems or specific information

Answers to Crossword Puzzle published on May 27



Quotable quotes

- * "The butterfly counts not months but moments, and has time enough".
Rabindranath Tagore
- * "The logs of wood which move down the river together are driven apart by every wave. Such inevitable parting should not be the cause of misery".
Nagarjuna
- * "You have grown from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul".
Swami Vivekananda
- * "You cannot get into the business for the fashion of it".
Azim Premji
- * "Ideas are no one's monopoly, think big, think fast, think ahead".
Dhirubhai Ambani

Kitchen Tips

- ✓ **To avoid spilling over of milk when boiling it:** If you see yourself standing in front of the stove guarding it till the milk boils, here's what you need to do. Before you pour milk into the pot for boiling, rub butter along the top edge and the inside lip of the pot. Due to this, the milk won't overflow when it foams up.
- ✓ **To get rid of excess salt:** If you have read the recipe wrong and ended up adding a tablespoon of salt, rather than a teaspoon, don't despair. You need not throw it away. Excess salt in any dish can be brought down by adding diced potatoes, tomatoes or a teaspoon of sugar. ❖